

The Lower Cape Family Resource Guide

Sponsored by the Lower Cape Early Childhood Council

Early Childhood Licensed Care and Education	page 2
Licensed Home Day Care Providers.....	page 5
Playgroups	page 8
Town Libraries.....	page 8
Local Public Schools.....	page 8
After School Care, Enrichment & Summer Programs.....	page 9
Adult Education & Training	page 9
Town Recreation Departments	page 9
Transportation.....	page 10
Nature & the Arts	page 10
Playgrounds	page 11
Family Support Services	page 12
Disabilities Resources.....	page 13
MA State Legislators for Lower Cape Towns	page 14
Food, Clothing & Emergency Funds.....	page 14
Health.....	page 15

This guide is compiled and produced by Cape Cod Children’s Place in June 2010, with support from the Nauset Public Schools Quality Kindergarten Grant.

Early Childhood Licensed Care & Education

For information updates, subsidies, and vouchers, call:

Cape Cod Children's Place
10 Ballwic Road, P.O. Box 1935
N. Eastham, MA 02651
508-240-3310
890-871-9535
www.capecodchildrensplace.com

Child Care Network of the Cape and
Islands
115 Enterprise Road
Hyannis, MA 02601
508-778-9470
888-530-2430
www.childcarenetwork.com

Cape Cod Child Development Program
83 Pearl Street
Hyannis, MA 02601
508-775-6240
800-974-8860
www.cccdp.org

MA Dept. of Early Education and Care
51 Sleeper Street
Boston, MA 02210
617-988-6600
www.eec.state.ma.us

EEC Regional Office:
1 Washington Street, Suite 20
Taunton, MA 02780
508-828-5025

BREWSTER:

The Family Schools - Brewster Day Camp
3570 Main Street
Brewster, MA 02631
508-896-6555
www.thefamilyschools.com
2 months – 5 years, Sept.-June
2 months - 13 years, summer

The Laurel School
1436 Long Pond Road
Brewster, MA 02631
508-896-4934
www.laurel-school.com
2.9 years - 5years ,Sept-June
15 months-13 years - summer

Owl Moon Child Care
383 S. Orleans Road
Brewster, MA 02631
508-240-3500 ext. 1128
2.9 - 5years year-round

Cape Cod Child Development, Head Start at Stony Brook Elementary School 884 Underpass Road Brewster, MA 02631	508-775-6240 3-5 years Sept. – June
<u>CHATHAM:</u>	
Chatham Integrated Preschool 147 Depot Rd., Chatham, MA 02633	508-945-5135 ext. 212 2.9 - 5 years Sept. - June
Monomoy Community Services 166 Depot Rd., Chatham, MA 02633	508-945-1501 5+ years Afterschool & Summer
Rocking Unicorn 1762 Main St., PO Box 1509 W. Chatham, MA 02633	508-945-0611 rockingunicorn@hotmail.com 2.9 - 5 years Sept.-June.
<u>EASTHAM:</u>	
Cape Cod Children's Place 10 Ballwic Rd, Eastham, MA 02651	508-240-3310 800-871-9535 www.capecodchildrensplace.com 2 months - 6 years year-round
<u>HARWICH:</u>	
A Child's Wonderland 35 Rt. 137, Harwich, MA 02645	508-432-4400 childswonderland@netzero.com 2.9 - 5years year-round
Cape Tech Preschool 351 Pleasant Lake Ave., Harwich, MA 02645	508-432-4500 Ext. 231 2.9 - 5 years Sept-June
Children's Center 115 Sisson Rd., Harwichport, MA 02646	508-432-0152 15 months – 5 years year-round
Harwich Integrated Preschool South St., Harwich, MA 02645	508-430-7216 2.9 -5years year-round

Make Way for Kids South Street Harwich, MA 02645	508-430-7220 2.9 - 5 years
My School 257 Main St., Harwich MA 02671	508-432-5358 1 month - 6 years year-round
Penny Lane Day School 16 Sixpenny Ln, Harwichport, MA 02646	508-432-2439 2.9 - 7 years year-round
YMCA Child Care @ St. Peter's Lutheran Church 310 Rt, 137 E. Harwich, MA 02645	508-432-5737 2 months-5 years year-round

NAUSET DISTRICT:

Nauset Integrated Preschool 100 Lawrence Rd., Wellfleet MA 02667	508-349-2553 2.9 - 5 years Sept.-June
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ORLEANS:

Learning Garden 63 Hopkins Ln., Orleans, MA 02653	508-255-7328 2.9 - 5 years Sept.-June limited summer program
Meeting House Preschool 162 Main St., E. Orleans, MA 02643	508-255-8793 2.9 - 5 years Sept.-June limited summer program

WELLFLEET:

Wellfleet Montessori Preschool 100 Lawrence Rd., Wellfleet MA 02667	508-349-6252 2.9 - 5 years Sept.-June
Cape Cod Children's Place Sea Babies @ Wellfleet C.O.A. 715 Old King's Highway, Wellfleet MA 02667	508-349-3052 1 month - 3 years, year-round

TRURO:

Truro Central School Preschool
PO Box 2029,
Truro, MA 02666

508-487-1558
2.9 - 5 years Sept.-June

PROVINCETOWN:

Provincetown Preschool
Mayflower Lane,
Provincetown, MA 02657

508-487-5020
2.9 - 5 years year-round

Licensed Home Day Care Providers

Listed alphabetically within each town

This list of licensed family daycare providers in the 8 towns from Harwich to Provincetown is compiled by the Cape Cod Children’s Place, providing information and referral to Lower/Outer Cape families. This list is for information only, and subject to change.

BREWSTER:

Erin Latka-Buzzell
81 Belmont Park Rd.
Brewster, MA 02631

508-385-2863

Kristine Taylor
18 Ebenezer Ln.
Brewster, MA 02631

508-896-6549

Jamie Santos
60 S. Orleans Rd.
Brewster, MA 02631

508-737-9636

CHATHAM

Heather Hellstrom
11 Cockle Cove Rd.
S. Chatham, MA 02659

508-430-0859

HARWICH

Sharon Bunting 508-432-3048
271 Church St.
Harwich, MA 02645

Brigette Carty 508-432-9448
132 Queen Anne Rd.
Harwich, MA 02645

Janice Clark 508-432-1678
10 Captain's Ln.
Harwich, MA 02645

Kerry Darling 508-432-5136
90 Cemetery Ln.
Harwich, MA 02645

Jen Gould 508-432-8776
40 Bell's Neck Rd.
W. Harwich, MA 02671

Kerrie Greene 508-430-7442
15 Ryder Rd.
N. Harwich, MA 02645

Jessica Hanley 508-430-7695
1038 Oak St.
Harwich, MA 02645

Amanda Holm 508-432-4652
253 South St.
Harwich, MA 02645

Karen Howes 508-432-3793
1012 Queen Anne Rd.
E. Harwich, MA 02645

Roberta Laffey 508-432-0843
16 Elliott Way
E. Harwich, MA 02645

Meaghan Smith 508-430-7274
2 Cindy's Ln.
Harwich, MA 02645

Sheila Thomas 508-432-0918
4 Kimberley Way
E. Harwich, MA 02645

Tina Varricchio 508-685-3553
26 Restabit Rd.
Harwich, MA 02645

Jackie Watson 508-432-4276
1734 Orleans Rd.
Harwich, MA 02645

Greg & Chie Young 508-432-8555
112 Cottonwood Rd.
Harwich, MA 02645

ORLEANS

Sherri Baker 508-255-7559
140 Baker's Pond Rd.
Orleans, MA 02653

Dawn Davis 508-240-0102
21 Tonset Rd. 508-237-4030
Orleans, MA 02653

EASTHAM

Kathryn Davis 508-255-8535
PO Box 1100 Orleans, MA 02653
Res: 18 Settlers Trace Rd., Eastham

Nancy Ambrose 508-255-1937
PO Box 1169
N. Eastham, MA 02651

WELLFLEET

Patty Carreiro 508-349-0834
40 Lt. Island Rd.
Wellfleet, MA 02667

TRURO

Rudelle Falkenburg 508-487-0888
PO Box 156
N. Truro, MA 02652

Playgroups and Activities

For Playgroup information on the Lower Cape:

Cape Cod Children's Place 508-240-3310 www.capecodchildrensplac.com
Online directory for family activities www.capecodkidz.com

Town Libraries

Call for information on story hours and other children's activities

Cape Libraries Automated Materials Sharing www.clamsnet.org

Brewster:	www.brewsterladieslibrary.org	508-896-3913
Chatham:	www.eldredgelibrary.org	508-945-5170
Eastham:	www.easthamlibrary.org	508-240-5950
Harwich:	www.brooksfreeibrary.org	508-430-7562
Orleans:	www.snowlibrary.org	508-240-3760
Provincetown:	www.ptownlib.com	508-487-7094
Truro:	www.trurolibrary.org	508-487-1125
Wellfleet:	www.wellfleetlibrary.org	508-349-0310

Education

Local Public Elementary Schools

Stony Brook Elementary: (Brewster: pre K-2)	www.nausetschools.org	508-896-4545
Eddy Elementary (Brewster: 3-5)	www.nausetschools.org	508-896-4531
Chatham Elementary	www.chatham.k12.ma.us	508-945-5135
Eastham Elementary	www.nausetschools.org	508-255-0808
Harwich Elementary	www.harwich.edu	508-430-7216
Orleans Elementary	www.nausetschools.org	508-255-0380
Veterans Memorial Elementary Provincetown		508-487-5020
Truro Central School	www.truromass.org	508-487-1558
Wellfleet Elementary	www.nausetschools.org	508-349-3101

After School Child Care, Enrichment & Summer Programs

Nauset Youth Alliance	age 5 years & up
Brewster After School Child Care Program	508-896-7900 www.town.brewster.ma.us
The Family School Afterschool Program	508-896-6555 www.thefamilyschools.com
Brewster Day Camp, Summer Program	508-896-6555 www.brewsterdaycamp.com
Cape Cod Sea Camps, Summer Program	508-896-3451 www.capecodseacamps.com
Eastham Committee for Early Childhood	508-240-6900
Harwich Community Learning Center	508-430-2355 ext. 2
Monomoy Community Services	508-945-1501
Orleans After School Activities Program	508-240-1546
Pamet After School / Truro Recreation	508-487-1632
Wellfleet Childcare Association	508-349-3101 ext.41

Adult Education and Training

Cape Cod Community College	508-362-2131
Cape Cod Regional Technical School	508-432-8701
Career Training Program / ACCESS	508-375-5008
JTEC Career Opportunities	508-771-5627

Town Recreation Departments

Brewster	508-896-9430
Chatham	508-945-5175
Eastham	508-240-5974
Harwich	508-430-7553
Orleans	508-240-3785
Provincetown	508-487-1632
Truro	508-487-1632
Wellfleet	508-349-0330

Transportation

B-Bus	508-352-7155
door to door rides by appointment	800-385-1430
The Breeze Info Line	800-352-7155
also offers M-F service to Boston Hospital	www.capecodtransit.org
Cape Cod Rail Trail - Bicycle Path	mass.gov/dcr/parks/ccrt.htm
Cape Cod Regional Transit Authority	800-352-7155
	www.capecodtransit.org
Helping our Women	508-487-4357
Transportation & financial resources for women Eastham-Provincetown	
Hyannis Transportation Center	508-775-8504
information on Cape transportation	ext. 206
Flex Bus full schedule Harwich - Provincetown	800-352-7155
	www.theflex.org
Plymouth and Brockton Bus Line	508-746-0378
	www.p-b.com

Nature & the Arts

BREWSTER:

Cape Cod Museum of Natural History	508-896-3867
Cape Repertory Theatre	508-896-1888

CHATHAM:

Creative Arts Center	508-945-1589
Monomoy Theater	508-945-1589
Chatham Drama Guild	508-945-0510

EASTHAM:

Salt Pond Visitors Center- C.C. Nat'l Seashore	508-255-3421
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HARWICH:

Harwich Junior Theater	508-432-2002
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ORLEANS:

Academy of Performing Arts
Orleans Conservation Areas

508-255-5510
www.town.orleans.ma.us

PROVINCETOWN:

Provincelands Visitor Center- C.C. Nat'l
Seashore

508-487-1256

TRURO:

Castle Hill Center for the Arts
Payomet Performing Arts Center

508-349-7511
508-487-5400

WELLFLEET:

Audubon Society
Wellfleet Harbor Actors Theater (WHAT)

508-349-2615
508-349-9428

Playgrounds:

BREWSTER:

Drummer Boy Park, Route 6A
Eddy Elementary School, 2298 Main St.

CHATHAM:

Chatham Playground, Depot Rd

EASTHAM:

Eastham Elementary School, Schoolhouse Rd.
Wiley Park, Herringbrook Rd.

HARWICH:

Harwich Elementary School, South St.
Brooks Park Playground
Make Way for Kids at Harwich High School

ORLEANS:

Orleans Elementary School, Eldredge Pkwy
Eldredge Park, Route 28 & Eldredge Pkwy

PROVINCETOWN:

East End Playground, Bradford & Howland Sts.
West End Playground, Bradford & Nickerson Sts.

TRURO:

Truro Central School, Route 6

Family Support Services

Alanon	508-394-4555
Alcohol Abuse and Drug Hotline	800-252-6465
Alcoholics Anonymous	800-637-6237
Cape Cod Children's Place Family Support Program	508-240-3310 800-871-9535 capecodchildrensplace.com
Parent Education & support groups Free consultations and referrals to services for families with children birth - 6 years.	
Cape Cod Healthy Families Early Childbearing Program	508-540-2968
Cape Cod Child Development Early Intervention developmental assessment and services, birth to age 3,	508-775-6240 866-253-4619
Teen Parent Program serves teen mothers and their children	808-755-6240 800-974-8860 ext.321
Child Care Network Referrals for families seeking licensed and legally operating child care & subsidies childcarenetwork.cc	508-778-9470 888-530-2430
Children's Cove referrals, assessments, interventions for child victims of sexual abuse and family members	508-375-0410
Children's Law Center of MA	781-581-1997
Consumer Credit Counseling (non-profit) assistance with budgeting & debt consolidation	800-208-2227
Healthy Children Center for Breastfeeding warm line breastfeeding support	888-890-2229 508-888-7774
Healthy Families Parent Program for Teen Parents	508-240-2968
Holistic Families of Cape Cod Playgroup, discussion group, social events Jen Stevenson	508-360-4840 stevensonjb@hotmail.com

Hospice of Cape Cod bereavement groups, Kids Grieve Too grief support and referral center	800-642-2423 508-957-0200 www.hospicecapecod.org
John A. Henry Trust Services for Provincetown families with children ages 0-18	508-240-3310
La Leche League Gabrielle Hathaway	508-255-0360
Monomoy Community Services Services for Chatham residents	508-945-1501
MSPCC (Mass. Society for the Prevention of Cruelty to Children) counseling, support services for families with young children, including Good Start and First Steps programs	800-272-9722
Parents Helping Parents Group stress hotline	800-882-1250 800-632-8188
Parents Professional Advocacy League	866-815-8122
WE CAN - services for women in transition www.wecancenter.org legal clinics, mentor program, support for divorced women	508-430-8111 866-430-8111

Disabilities Resources

Alliance for the Mentally Ill information on Cape resources	781-938-4048
Cape Organization for the Disabled Advocacy group for the disabled	508-775-8300 cordonline.org
Federation for Children with Special Needs information, referrals on services	800-331-0688
Sight Loss Services Information, referrals, adaptive aids outreach, support groups	800-427-6842
Disability Law Center	800-872-9992

Massachusetts State Legislators

Lower Cape (Current as of June 2010)

Call Elizabeth Aldred at the Cape Cod Children's Place for updated information at 508-240-3310)

Senator Robert O'Leary 508-775-0162
State House Rm., 511B, Boston, 02133 617-722-1570
Email: robert.oleary@state.ma.us (fax) 617-722-1271

Representative Cleon Turner (Brewster & 617-722-2090
Dennis, part of Yarmouth) (fax) 617-722-2848
State House Rm. 540, Boston, 02133
Email: cleonturner@hou.state.ma.us

Representative Sarah Peake (Chatham, 508-247-9426
Eastham, Harwich, 617-722-2210
Orleans, Provincetown & Wellfleet) (fax) 617-722-2239
State House Rm. 473-F, Boston, 02133
Email: sarahpeake@hou.state.ma.us

Food, Clothing & Emergency Funds

Cape Cod Children's Place 508-240-3310
information on childcare funds, food, referrals
to resources

Department of Transitional Assistance 800-295-8318
(Welfare) & Massachusetts Rehabilitation
Coalition

Fuel Assistance Program 508-746-6707
Emergency assistance for fuel/heat

Harwich Family Food Pantry 508-432-6519

Homeless Prevention Council 508-255-9667
Financial aid, referrals, information

The Free Shop at the Church of the Holy Spirit, 204 Monument Rd., S. Orleans 508-255-0433

Local Lunch & Dinner at St. Joan of Arc Church, 61 Cove Rd., Orleans 508-255-1094

Legal Services of the Cape & Islands legal advice to low-income people	800-742-4107
Lower Cape Outreach Council Financial assistance for emergency needs Food pantries, Katy's Corner free shop	508-240-0694 lcoutreach.org
Mass-APEAL Free shop 2393 Cove Corner, Wellfleet -	508-349-1173
Soup Kitchen in Provincetown (SKIP) 10 Shankpainter Rd., Provincetown	508-487-8331
Thrift Shops: call Cape Cod Children's Place for a local list	508-240.3310
WIC (Women, Infants, and Children) Appointments available in Chatham, Harwich, Orleans, Provincetown, Wellfleet	800-675-1188

HEALTH Medical and Dental Services

Cape Cod Children's Place maternal depression resource, referrals	508-240-3310
Cape Cod Healthcare Information Line M-F, 9 am-5 pm except holidays	877-227-3263 capecodhealth.org
Cape Cod Hospital	508-771-1800
Dental Hygiene Clinic at Cape Cod Community College	508-362-2131 ext. 4371
Ellen Jones Community Dental Center free and sliding scale fee dentistry	504-430-7710
Healthy Connections resources and referral	508-255-1903 outercape.org
Health Care for All help line for healthcare and insurance	800-272-4232 hcfama.org
MassHealth / Medicaid	800-841-2900 Masshealth.org

Mustard Seed Kitchen 508-349-2049
Main St., Wellfleet
Tues. & Thurs. meal delivery for people who
need short term help

Outer Cape Health Services 508-349-3131
Wellfleet, Route 6
Provincetown, 49 Harry Kemp Way 508-487-9395
community health center, sliding fee scale

Poison Control Center 800-862-9211

Smoking Cessation 800-TRY-TO-STOP
trytostop.org

Visiting Nurse Association (VNA) 800-631-3900